

## Trail Racing Regulations

Art-1: Presentation: The Trail des Vignes, organised by the Association Moine et Sanguèze (see contact details in the "Contact" tab of the website [www.traildesvignes.net](http://www.traildesvignes.net)), will start in the delegated commune of Saint-Crespin-sur-Moine (Sèvremoine) on Saturday 04 May 2019. The events during the Trail of the Vines are mainly on the road and are open to licence holders and non licence holders born in 2003 and before for the 10 km (Magnum) and 5 km (Girl), born in 2001 and before for the 16 km (Methusalem) and in 1999 and before for the 25 km (Melchior).

Art-2: Registration fee - Refund - Cancellation: 1- Registrations will be processed via the Internet via our website, after payment of the commitment fees AND after verification of medical certificates or licenses. The total number of participants in the Trail des Vignes is limited to 560 riders. Possibility of registration on site if quotas are not reached. 2- FFA, FFCO, FFPM and FFTRI licensees only must provide a photocopy of their sports licence (for FFCO, FFPM and FFTRI licences, the latter must indicate a non-indication to the practice of running, athletics or competitive sport), the others a medical certificate (or a copy) of non-indication to the practice of athletics, running or competitive sport dated less than one year (5 May 2018 at the latest). 3- These documents must be scanned at the time of registration and only left on the registration site (no mailings or mailings to the email address of our race.) Minors who are not licensed must provide a signed parental authorization (You will find a copy on our site). 4- No refund possible after 15/04/19 (Possible before only on presentation of a medical certificate of contraindication). 5- Online registration ends Thursday, May 02, 2019 at 11:30 pm. 6- The Association Moine et Sanguèze reserves the right to cancel the event for any reason that would endanger the safety of the riders or any case of force majeure. Participants will be notified by all possible means, they will then have to strictly comply with the organization's guidelines. This cancellation will be made without refund of the registration fees paid. 7- All commitments are personal. No transfer of registration is permitted for any reason whatsoever. Any person returning his bib and/or electronic chip to a third party will be held liable in the event of an accident occurring or caused by the latter during the event. Any person with a bib and/or microchip acquired in violation of these rules may be disqualified. The organisation declines all responsibility in the event of an accident in this type of situation.

Art-3: Rates 2019 : Girl (5 km): 4 €. Event for the benefit of the Cap pour la vie association. Magnum (10 km): 7€ \* FFA, 9€ \* for other licensees and N.L. Methusalem (16 km): 9€ \* FFA, 11€ \* for other licensees and N.L. Melchior (25 km): 11€ \* FFA, 13€ \* for other licensees and N.L. \* : +3€ after 15/04/19 and on site.

Art-4: Bib pickup: Bibs will be picked up at the Saint-Crespin-sur-Moine sports complex the day before the race from 5pm to 7pm or the day of the race, from 5:45pm to 15 minutes before the start of the race. When collecting the bibs, the licence holders must present their licence and a proof of identity and the non-licence holders must present a proof of identity.

Riders must wear visibly, in its entirety and throughout the race, the race number provided by the organisation. If your race number is withdrawn during the course (abandonment, disqualification,...), if the course is continued, the runner does so under his own responsibility.

Art-5: Timetables: 1- The 25 km start time will be at 8:45 p.m., the 16 km at 9:00 p.m., the 10 km at 7:45 p.m. and the 5 km at 8:00 p.m. ATTENTION for the Melchior (25 km): Time barrier at 22h45 at the 17th km, approximately. 2- At any time, the Association Moine et Sanguèze reserves the right to modify the schedules of the events and will inform the participants via its website and social networks.

Art-6: Medical: 1- An anti-doping test may take place unexpectedly on these tests. 2- Medical security will be provided by a first aid organization and a doctor.

Art-7: Course and Refuelling: 1- The course will be marked out, water and solid supplies are planned (On the course: 1 (only liquid) on the 10 km, 1 (solid and liquid) on the 16 km and 2 (solid and liquid) on the 25 km + 1 supply (liquid + solid) at the finish for all the courses, the event being in semi-autonomy to plan for cans (s) and/or water pocket (s) type "CamelBack". 2- At any time the Association Moine et Sanguèze reserves the right to reduce and/or modify the routes of the events

Art-8: Equipment - Miscellaneous: 1- Runners of Methuselah (16 km) and Melchior (25 km) running part of the course in semi-night mode must take with them (check when taking off the bibs): headlamp, chest lamp or manual in working order + retro-reflective device, mobile phone and emergency telephone number. 2- Changing rooms and showers will be available at the complex.

Art-9: Respect of the instructions and the Highway Code: Riders must respect the markings and instructions of the race stewards. On parts open to traffic, competitors must comply with the highway code. The organization declines all responsibility in the event of non-compliance with this article and may disqualify the competitor.

Art-10: Insurance: 1- Licensees benefit from the guarantees granted by the insurance related to their license. It is the responsibility of the other participants to insure themselves personally. The organisers are covered by a civil liability insurance policy with Groupama. 2- The Association Moine et Sanguèze cannot be held responsible for theft, loss, accidents or malfunctions due to poor health or non-compliance with traffic regulations or regulations.

Art-11: Image rights and CNIL: 1- By registering, the competitor authorizes free of charge the reproduction and exploitation of his image for the benefit of the organiser (or even his partners) for an indefinite period. 2- In accordance with the provisions of Act No. 78-17 of 11 January 1978 as amended, known as the "Data Protection Act

", the organiser informs the competitors of the existence of files containing personal information. It also informs the participants that the results will be published on the event's website (and that of some of its partners). Each competitor has a right of access to the personal data concerning him/her and may object, in particular, to the publication of their result by informing the organiser (contact@trailedsvignes.net).

Art-12: Advertising, Press Relations and Photographs: The organizers are the sole owners of the advertising rights and reserve the right to review each publication. The organisers are responsible for the layout of the various publication media (posters, flyers, various prospectuses, etc.) and either print or have printed each of these media. The organisers are in charge of contacting various media (paper, radio, TV, Internet, etc.) in order to communicate the date of the events to the widest possible audience.

Art-13: Obligations and Ethics. Failure to comply with this article may result in the disqualification of the competitor: 1- Competitors must respect the environment (do not throw waste,...). 2- The competitors must respect the route: Do not cut, stay on the paths. The private properties crossed will be restored to their private character at the end of the tests. 3- Cyclists are not allowed on the course. Any outside help, including out-of-area refuelling, is prohibited 4- Competitors must help a competitor in a difficult situation (injury, severe fatigue, etc.) 5- Competitors must respect the volunteers without whom this race could not take place. 6- The wearing of sticks is not allowed.

Art-14: Rankings and Awards: 1- Each race will result in a unique ranking (Licensed and non-licensed, men and women.) 2- Awards, cups and prizes to the first in each category, without cumulation. A "collector" technical jersey will be offered to all competitors.

Art-15: Abandonment: In the event of an abandonment, you must report it and give your bib to a commissaire in the vicinity or to the race direction.

Art-16: The registration to one of the races of the Trail des Vignes is equivalent to agreement with this regulation.

## **Bike and Run Race Rules**

Art-1: Rules and Presentation of Bike and Run: 1- A friendly and accessible event for all. The race is open to anyone aged at least 16 (born in 2003 and before). 2- It is possible to make male, female or mixed teams. 3- The Bike and Run is a sporting event in teams of two people, a runner and a cyclist (mountain bike only) gathered on the same course. 4- The team must remain together throughout the course. 5- The replacement of the bike is done from hand to hand and at the team's pace. 6- Wearing a helmet with a chin strap attached is mandatory for both the mountain biker and the runner.

Art-2 : Registration fee - Fees - Cancellation : 1- Registration will be taken into account by internet via the Trail des Vignes website, after payment of the registration fee (6 € per person (12 € per team). + 3€/pers. (+6€/team) after 15/04/19 and on site) AND after checking medical certificates or licences. The total number of participants in the Bike and Run of the Trail des Vignes is limited to 60 riders (30 teams). Possibility of registration on site if quotas are not reached. 2- Participants must provide a medical certificate (or a copy), dated less than one year (May 5, 2018 at the latest), of no contraindication: - to the practice of competitive sport or - to the practice of athletics AND the practice of MTB (or cycling) in competition or - to the practice of running AND the practice of MTB (or cycling) in competition. 3- These documents must be scanned at the time of registration and only left on the registration site (no mailings or mailings to the email address of our race.) Minors who are not licensed must provide a signed parental authorization (You will find a copy on our site). 4- Registration fees remain valid in the event of withdrawal after 15/04/19, possible before on presentation of a medical certificate of contraindication 5- End of online registration on Thursday, May 02, 2019 at 11:30 pm. 6- The organisers may not be held responsible or liable for any financial compensation whatsoever in the event of outright cancellation, whether by municipal decree, prefectural decree or in the event of bad weather that could endanger the competitors or the organising committee. 7- All commitments are personal. No transfer of registration is permitted for any reason whatsoever. Any person returning his bib and/or electronic chip to a third party will be held liable in the event of an accident occurring or caused by the latter during the event. Any person with a bib and/or microchip acquired in violation of these rules may be disqualified. The organisation declines all responsibility in the event of an accident in this type of situation.

Art-3: Route - Schedules: 1- The bibs will be collected at the Tillières sports complex on the day of the race from 17:00 to 18:45. When you pick up the bib you will be asked for a deposit cheque of 10€ payable to the Association Moine et Sanguèze, corresponding to the UHF bracelet of the company TimePulse. These bracelets must be given to the organizers at the end of your event so that this deposit cheque is not cashed. Licensees will be required to present their license and proof of identity and non-licensees will be required to present proof of identity. If your bib was to be removed

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during the course (abandonment, disqualification,...), in case of continuation of the course, the runner does so under his own responsibility. 2- The Bike and Run will start at 7pm. 3- Departures and arrivals will take place at the Saint-Crespin-sur-Moine sports complex. 4- The routes are located in this sector on off-road routes (private dirt roads, private fields or vineyards, communal roads...) and

will be marked by the installation of signposts and ribbons. The private properties crossed will be restored to their private character at the end of the tests.

5- At the start, the runners will start a short distance (about 400m) before picking up their teammate and the ATV and crossing the starting line together. 6- At any time the organisation reserves the right to modify the course and/or the schedule of the event and will inform the participants via its website and social networks.

Art-4: Abandonment: In the event of an abandonment, the team must inform the person in charge of the nearest post and give their bibs to a commissaire nearby or to the race direction. At the end of the events, one or more "tighteners" will close the course to ensure that no competitor would be in difficulty.

Art-5: Safety and Highway Code: One or more "openers" will go and recognize the course before the start of the events. All competitors must attend the briefing and respect the race instructions. The race management and the commissaires may exclude any team that does not respect the rules. The respect of the highway code prevails in the case where the route comes to cross or take a road, called "Public", other than dirt roads and private roads.

Art-6: Equipment - Provisioning - Miscellaneous: 1- Each pair must be equipped with an ATV and two rigid-hull helmets with a chinstrap in attached condition. 2- There are 2 bibs per team and to be fixed on each rider. Each rider must visibly wear, in its entirety and throughout the race, the race number provided by the organisation. 3- A supply (solid and liquid) will be provided on arrival. As the event is autonomous, provide, at a minimum, for a canister(s) and/or water bag(s) of the "CamelBack" type. 4- Any external assistance, including out-of-area supplies, is prohibited. 5- Changing rooms and showers will be available at the complex.

Art-7: Insurance: 1- Licensees benefit from the guarantees granted by the insurance related to their license. It is the responsibility of the other participants to insure themselves personally. The organisers are covered by a civil liability insurance policy with Groupama. 2- The organisers cannot be held responsible for theft, loss, accidents or malfunctions due to poor health or non-compliance with traffic regulations or rules.

Art-8: Respect for the environment: Le Trail des vignes is committed to a Sustainable Development policy. In order to respect the environment, it is essential to leave the course clean. The race management or the commissaires may penalise or even exclude any team that does not respect the environment of the course it is taking. Used packaging must remain in your bag. Containers or bins will be at your disposal on the finish area of the event in order to deposit them.

Art-9: Advertising, Press Relations and Photographs: The organizers are the sole owners of the advertising rights and reserve the right to review each publication. The organisers are responsible for the layout of the various publication media (posters, flyers, various prospectuses, etc.) and either print or have printed each of these media. The organisers are in charge of contacting various media

(paper, radio, TV, Internet, etc.) in order to communicate the date of the events to the widest possible audience.

Art-10: Image rights and CNIL: 1- By registering, the competitor authorizes free of charge the reproduction and exploitation of his image for the benefit of the organiser (or even his partners) for an indefinite period. 2- In accordance with the provisions of the amended law n° 78-17 of 11 January 1978 known as "informatique et libertés", the organiser informs competitors of the existence of files containing personal information. It also informs the participants that the results will be published on the website of the event (and its partners). Each competitor has a right of access to the personal data concerning him/her and may object, in particular, to the publication of their result by informing the organiser ([contact@traildesvignes.net](mailto:contact@traildesvignes.net)).

Art-11: The registration of the Trail des Vignes in the Bike and Run is deemed to be an agreement to this regulation.

The entire team of volunteers remains at your disposal for any further information and wishes you a good training, Sportively